

LEE UNIVERSITY

Encore



**Mini-Course Guide
Spring 2019**

ENCOR 023-01: Tennessee in Tennis Shoes: A Traveling History Course

This traveling course will include visits to four historical sites in Tennessee, Georgia, or Alabama. The selected sites to visit are listed below, and class participants may choose which sites they wish to visit at the informational meeting on TBA with a minimum of 20 participants required for each trip. Dates of travel and locations will be announced at this meeting.

Travel opportunities will include: Knoxville Zoo, Blount Mansion, General Longstreet Museum, Christ Museum and Garden, Cordell Hull Birthplace and Museum, Fort Dickerson, James White's Fort, Raccoon Mountain Caverns, Secret City Tour, Grinder's Switch Museum, Ruby Falls/Lookout Mountain, Brushy Mountain Penitentiary

Required Materials: There will be travel costs and admission fees applied that will be made available during the first and only class meeting. Payments for trips to be taken are to be made in advance with the exception of the first travel date.

Instructor: Dr. David Altopp, Retired Lee University Faculty
Location: TBA meeting location is TBD / Class Size: 60
Schedule: This class will have a one-time mandatory meeting, time TBA. You will be allowed to register for your trips at this time.

ENCOR 023-02: Scotland: Then and Now

Have you ever wondered how the kilt came to symbolize Scottish identity? Why Scotland made a weed its national symbol? Or, did you know that the bagpipes were banned for nearly forty years? This course will survey some of the highlights of Scotland's long and rich history. Beginning with origins of the Scottish people and exploring a few of the individuals and incidents that have set this small country apart, such as William Wallace and Mary Queen of Scots, the Highland Clearances and the calls for independence, this course will bring the sights and sounds of the Scottish Isles to the classroom.

Suggested Reading: David Ross, "Scotland: History of a Nation" (2002)

Instructor: Dr. Timothy Lay, Adjunct Instructor of History
Location: Center for Humanities, Room 207 / Class Size: 60
Schedule: Five week course meeting on Mondays and Wednesdays from 4:00-5:15 p.m.

◆ March 18	◆ April 1	◆ April 15
◆ March 20	◆ April 3	◆ April 17
◆ March 25	◆ April 8	
◆ March 27	◆ April 10	

ENCOR 023-14: iHows in the iWorld

This course will introduce the novice user to world of iPads and iPhones. The course will cover the basics of navigation, settings, email, Facetime, messaging, and taking pictures and videos. The student will learn how to share pictures with friends and family through messaging, email, and Facebook. The student will learn how to explore the Web and social media such as Facebook with the iPhone or iPad. The student will examine free apps, utilities, and games for these two devices.

Required Materials: Students should bring their Apple iPhones and iPads to this class. The phone or tablet must be an Apple product. The phone or tablet should have the latest update on operating systems or be willing to update the first night of the class.

Instructor: Dr. William Jaber, Professor of Computer Information Systems
Location: School of Business, Room 232/ Class Size: 30
Schedule: Five week course meeting on Thursdays from 5:00-7:00 p.m.

◆ January 31	◆ February 21
◆ February 7	◆ February 28
◆ February 14	

ENCOR 023-15: The History of Christianity and Sports

The Fellowship of Christian Athletes; the Men's and Women's Christian Associations (YMCA/YWCA); the quintessential church softball league. What relationship does Christianity have with sports, leisure activities, and games? Did you know that football and soccer and rugby all originated as church sports? This course can tell you all about it! This course explores the interaction amongst sports in the modern era. Topics include the history of church and leisure, the emergence of Muscular Christianity, debates about Sabbath observance, and the emergence of modern sport traditions from religious sources.

Instructor: Matthew Smith, Th.M., M.A., Part-Time Faculty
Location: Helen Devos College of Education, Room 106 / Class Size: any size
Schedule: Five week course meeting on Fridays from 10:00-10:50 a.m.

◆ January 18	◆ February 8
◆ January 25	◆ February 15
◆ February 1	

ENCOR 023-16: Leadership Discovery

During this course, students will participate in a community mapping exercise to identify problems or issues within communities and identify the causes and effects of those problems. In addition, students will discover their "one-thing" as it relates to leadership contributions for community engagement and transformation as they prepare to be agents of change.

Instructor: Dr. William Lamb, Director of Leonard Center and Assistant Professor of Leadership
Location: Leonard Center, Room 203/ Class Size: 15
Schedule: Five week course meeting on Thursdays from 9:10-10:00 a.m.

◆ March 14	◆ March 28	◆ April 11
◆ March 21	◆ April 4	

ENCOR 023-11: An Introduction to the Classical Symphony

This course surveys symphonic literature from historically significant classical composers across the 18th, 19th, and 20th centuries. Topics of discussion will include musical forms, composer biographies, roles of instruments and instrument groups, musical narrative and programmatic music, political and societal influences on the composers and their musical output, and the role of the classical symphony today. The course will emphasize listening to the music itself, and developing new ways to engage with and appreciate classical symphonies. Possible activities include attending the Chattanooga Symphony Orchestra Masterworks Series concerts on March 7, March 28, and April 25 to experience the symphonies of Mendelssohn, Tchaikovsky, and Shostakovich live.

Required Materials: Participants will need to have access to a decent set of speakers or headphones, and a device from which to listen to assigned musical examples.

Instructor: Charlotte Kies, D.M.A., Instructor of Clarinet
Location: Curtsinger Music Building, Room 200/ Class Size: 20
Schedule: Nine week course meeting on Tuesdays from 11:00-11:50 a.m.

◆ February 19	◆ March 19	◆ April 9
◆ February 26	◆ March 26	◆ April 16
◆ March 12	◆ April 2	◆ April 23

ENCOR 023-12: Lee University Choral Union

Choral Union is the featured choir at Lee University's Classic Christmas program (December) and spring Masterworks concert (April). The choir is committed to the study and performance of major choral masterworks as well as standard choral literature and newly composed works for festival chorus. Enrollment is open to music majors, general college students, and members of the local community. No audition required. *Please Note: This is a traditional course.*

Instructor: Dr. Joshua Cheney, Assistant Professor of Choral Music
Location: Curtsinger Music Building, Choral Rehearsal Room/ Class Size: 80
Schedule: Rehearsals occur on Tuesdays and Thursdays from 11:45 a.m.-1:00 p.m.

◆ Spring Performance Date: TBA

ENCOR 023-13: Introduction to Drawing and Painting

In this introductory course, students will create art work, using a variety of media including: graphite, color pencils, oils, watercolors and more. They will also learn color-mixing while becoming familiar with a variety of brushes, knives and other tools. Students will explore textures and composition in this class. Experienced and unexperienced artists are welcomed.

Fee: A supply fee of \$35 is attached to this course.

Instructor: Bob Grayson, Guest Artist
Location: Mayfield Annex, Room 124B / Class Size: 15
Schedule: Six week course meeting on Tuesdays and Thursdays from 5:00-7:00 p.m.

◆ March 12	◆ March 28	◆ April 11
◆ March 14	◆ April 2	◆ April 16
◆ March 19	◆ April 4	◆ April 18
◆ March 26	◆ April 9	

ENCOR 022-03: World War II and the Holocaust

The Second World War and the Holocaust are defining moments of the 20th century. This course examines the events and personalities involved in the politics and campaigns of the conflict that gave rise to America's Greatest Generation. Providing a survey of the European and Pacific Theatres, some of the topics that will be covered with specificity include: the Rise of Totalitarianism in Europe and militarism in Japan, Pearl Harbor, D-Day, and the dropping of the Atomic Bombs.

Suggested Reading: John Keegan, "The Second World War" (1990)
R.A.C. Parker, "The Second World War: A Short History" (2001)

Instructor: Dr. Timothy Lay, Adjunct Instructor of History
Location: Center for the Humanities, Room 207 / Class Size: 60
Schedule: Seven week course meeting on Mondays and Wednesdays from 4:00-5:15 p.m.

◆ January 14	◆ January 30	◆ February 18
◆ January 16	◆ February 4	◆ February 20
◆ January 21	◆ February 6	◆ February 25
◆ January 23	◆ February 11	◆ February 27
◆ January 28	◆ February 13	

ENCOR 023-04: Genesis Part IV: Family Dysfunction in the Jacob and Joseph Narratives

This course examines the last 14 chapters of the Genesis narratives (chaps. 37-50), which focus on the account of Joseph in Egypt. We will study the family dynamics of Jacob's house which led to the selling of Joseph into slavery. Sexual sins, jealousy, and mistrust dominate these chapters and serve as poignant reminders of the repercussions of family disunity and hate.

Required Materials: "Genesis as Torah: Reading Narrative as Legal Instruction" (Eugene, OR: Cascade, 2018).

Instructor: Dr. Brian Neil Peterson, Associate Professor of Old Testament
Location: School of Religion, Room 147/ Class Size: 60
Schedule: Six week course meeting on Tuesdays from 2:45-3:45 p.m.

◆ January 22	◆ February 12
◆ January 29	◆ February 19
◆ February 5	◆ February 26

ENCOR 023-05: From Jerusalem to Rome: Acts of the Apostles and the Early Church

This course will explore the formation of the earliest Christian community following the death and resurrection of Jesus as well as its spread into the wider Roman Empire.

Instructor: Dr. Michael E. Fuller, Professor of Biblical Studies
Location: School of Religion, Room 148/ Class Size: 25
Schedule: Four week course meeting on Mondays from 5:00-6:00 p.m.

◆ February 4	◆ February 18
◆ February 11	◆ February 25

ENCOR 023-06: Pentecostal Theology

Pentecostals and Charismatics are the second largest demographic of Christians in the world. Their sheer numbers alone invite interest in their theology. Discover Pentecostal theology's similarities to and differences from the theology of other Christians.

Instructor: Dr. Christopher A. Stephenson, Assistant Professor of Systematic Theology; Drenda N. Butler, M.A., Instructor in Theology

Location: School of Religion, Room 147/ Class Size: 60

Schedule: Four week course meeting on Fridays from 12:00-12:50 p.m.

- ◆ February 1
- ◆ February 8
- ◆ February 15
- ◆ February 22

ENCOR 023-07: Temperance, Mormons, Abolition, Oh My! 19th Century America Reform Movements and Changes in Religion

We will look at how the nineteenth century was a time of great change and innovation spurring the development of new denominations and religious sects, as well as how Christians worked to bring about reform for the country.

Suggested Reading: Conkin, Paul K. "American Originals: Homemade Varieties of Christianity." Chapel Hill: The University of North Carolina Press, 1997.
(not required) Walters, Ronald G. "American Reformers: 1815-1860" Revised Edition. New York: Hill and Wang, 1997.

Instructor: Christine Curley, M.Div., Th.M., Part-Time Faculty

Location: School of Business, Room 239 / Class Size: 40

Schedule: Six week course meeting on Tuesdays from 2:45-3:45 p.m.

- ◆ March 19
- ◆ March 26
- ◆ April 2
- ◆ April 9
- ◆ April 16
- ◆ April 23

ENCOR 023-08: Fitness for Encore Years

In this class we will build muscle and strength while using weights. We will also stand to help our endurance and mobility while enjoying fun music that helps with our coordination.

Instructor: Roxanne Tyson, Part-Time Faculty

Location: Devos Recreation Center, Aerobic Room 112 / Class Size: 20

Schedule: Nine week course meeting on Wednesdays from 1:00-1:50 p.m.

- ◆ January 9
- ◆ January 16
- ◆ January 23
- ◆ January 30
- ◆ February 6
- ◆ February 13
- ◆ February 20
- ◆ February 27
- ◆ March 13
- ◆ March 20
- ◆ March 27
- ◆ April 3
- ◆ April 10
- ◆ April 17
- ◆ April 24

ENCOR 023-09: Joint Conditioning

This course will cover different techniques to help students strengthen and regain movement in their joints. The class will include different stretches and breathing techniques to help with relaxation, flexibility, agility, and strength. Chairs will be used in class, but some of the exercises do require standing.

Required Materials: Students will need to wear the proper attire, such as clothing that one can move easily in, along with comfortable walking shoes.

Instructor: Roxanne Tyson, Part-Time Faculty

Location: Devos Recreation Center, Aerobic Room 112 / Class Size: 19

Schedule: Nine week course meeting on Wednesdays from 2:00-2:50 p.m.

- ◆ January 9
- ◆ January 16
- ◆ January 23
- ◆ January 30
- ◆ February 6
- ◆ February 13
- ◆ February 20
- ◆ February 27
- ◆ March 13
- ◆ March 20
- ◆ March 27
- ◆ April 3
- ◆ April 10
- ◆ April 17
- ◆ April 24

ENCOR 023-10: Health, Medicine, and the Encore Years

This course is designed for adults interested in health and up-to-date information on new medical research. This is the third class in our spring series on health and medicine, consisting of all new material. Sessions include:

- ◆ *An introduction to evidence-based medicine and the medical detectives who safeguard our health*
- ◆ *Social and cultural factors that predict health and longevity. Strategies to buffer adversity*
- ◆ *Current medical issues and innovations. Topics include prescription drug issues for older adults, the emerging science of "gut medicine" (microbiomes), orthopedic appliances and risks, and inflammatory processes and their relationship to vascular disease and cancer*
- ◆ *"Friend, your glasses are on your head": the good news about memory, social learning, and neuroplasticity*
- ◆ *The "Venus" and "Mars" effect: Gender, health, and the adult years*
- ◆ *A Night of Tapas and Tastings: Class Dinner*

Instructor: Dr. Karen Mundy-Judkins, Professor of Sociology, Bennett Judkins, Instructor in the Encore Program

Location: Center for Humanities, Room 103/ Class Size: 45

Schedule: Five week course meeting on Mondays from 4:30-5:45 p.m.

- ◆ February 4
- ◆ February 11
- ◆ February 18
- ◆ February 25
- ◆ March 11
- ◆ Friday, March 15- Class Dinner